

# **HKMA David Li Kwok Po College**

## **Report on the use of the Capacity Enhancement Grant 2015-2016**

### Engagement of a Counselling Worker

It is found that disciplinary problems at the College are not frequent though students are more likely to require counselling for problems related to study skills, thus the need for individual counselling. This has given rise to the need for an experienced and suitably qualified staff member to meet the needs of students with learning difficulties. Information gained from the College's participation in APASO and from the school self-evaluation process indicates that as improvement is being made, the allocation of resources to this area is becoming more and more important, particularly in view of the Major Concerns as indicated by the College's Development Plan. It has also become increasingly evident that the employment of such a staff member can help reduce, to no small extent, teachers' workload within the Guidance-Counselling and Discipline teams.

### Work Evaluation

In the past academic year, there were 80 cases handled by the school's counselling worker. Totally 433 counseling sessions were provided to students. Another 10 collateral contacts with outside professionals and four home visits/escorts for students/ families were made aiming to understand students' issues.

The school counselor also conducted 198 sessions of phone-call consultations/ interviews to parents, 65 case-interviewing sessions with parents, and 29 joint interviews with teachers and families within the campus. She participated in over five case conference meetings with teachers, and 126 times of consultation/ information case sharing with a number of teachers.

The counsellor organized two workshops for 27 S1 to S3 parents. Over 80% of the participants had positive feedback. She also organized two groups of stress management workshops for S4 and S5 students and three counseling group sessions for S5 Non-Chinese students to help them deal with their emotional needs. Over 80% and 90% of the participants found the workshops helpful respectively.

A professor from Poly University who is specialized in helping students with dyslexia was invited by the counsellor to conduct for the teachers a workshop on understanding dyslexia and how to help the students concerned. She also organized two parent seminars on "How to nurture family relationships using disciplinary measures" and "How to deal with your child's internet addiction problem" respectively. Positive feedback was received from participants of both seminars.

During the year, the counselor took up 10 EIS cases (involving repeating students). Additional tutorial classes, personal guidance, instruction, parent interviews and training workshops were organized for the students. After her intervention, most of the students improved in their homework submission rates in order to meet the school's required standard. There was also a general improvement in their academic results. Eight of them eventually secured promotion to the next Form. During the

2015/16 summer holidays, the counsellor conducted a summer programme for the S1 and S2 repeaters and a workshop for their parents.

Apart from the above, the school counselor helped out in the work of the Academic Affairs Team, Guidance and Counseling Team, Discipline Team and Community Service Team. She also helped in devising and running the programs of the S1 camp and leading members of the Sky Teen Voluntary Group. Together with the school social worker and guidance teachers, she took care and closely monitored the progress of SEN students.

Last but not the least, the school counselor helped the school to carry out analyses based on the data collected from APASO survey, and collaborated with AP(SA) and the Head of the G&C Team to compile the APASO Report, which provided crucial and valuable information to the College in both its self-evaluation process and drawing up of the school development plan.